A. Bontadi¹, A. Ruffatti¹, S. Giannini², E. Falcinelli², M. Tonello¹, A. Hoxha¹, P. Gresele², L. Punzi¹

¹Cattedra e U.O.C. di Reumatologia, Dipartimento di Medicina Clinica e Sperimentale, Università di Padova, Italy; ²Sezione di Medicina Interna e Cardiovascolare, Dipartimento di Medicina Interna, Università di Perugia, Italy

SUMMARY

Objective. Antiphospholipid antibodies (aPL) associated with thrombembolic events and/or pregnancy morbidity characterize the so-called antiphospholipid syndrome (APS). Beta2glycoprotein I (β_2 GPI) represents the major target antigen for aPL, but the pathogenic role of anti- β_2 GPI antibodies (a β_2 GPI) is still unclear. Some authors assume they play a role in activating platelets. The effects of a β_2 GPI antibodies on platelet P-selectin expression were evaluated in this study.

Methods. A β_2 GPI antibodies in the plasma of a pregnant APS patient were isolated by affinity chromatography during two different stages (catastrophic and quiescent) of the disease. Gel filtered platelets (100,000/µl) from healthy volunteers were incubated with β_2 -GPI (20 µg/ml) and with different concentrations (5, 25 e 50 µg/ml) of a β_2 GPI antibodies. P-selectin surface expression on platelets was assessed by flow cytometry using a specific fluorescent antibody directed against P-selectin.

Results. A β_2 GPI antibodies induced platelet activation only in the presence of thrombin receptor activator for peptide 6 (TRAP-6), a platelet agonist, at a subthreshold concentration. A β_2 GPI antibody enhancement on platelet surface P-selectin expression was stronger in the catastrophic than in the quiescent phase of the disease (47% versus 15%).

Conclusions. TRAP-6 dependent platelet activation by $a\beta_2$ GPI antibodies is consistent with the "two hit" pathogenetic hypothesis for thrombosis. $A\beta_2$ GPI antibodies induce higher platelet P-selectin expression during the active rather than in the acute phases.

Key words: anti-β, Glicoprotein I antibodies, P-selectin, platelet activation, antiphospholipid syndrome.

*This work received an award at the XLVII SIR Congress, 2010, Rimini, Italy

■ INTRODUCTION

A ntiphospholipid antibody syndrome (APS) is an autoimmune disease characterized by thrombotic events (arterial, venous, or of the microcirculation) and/ or of obstetric complications (repeated abortion, loss of fetus ≥ 10 sg, or preterm birth) associated with the presence of antiphospholipid antibodies in the blood (aPL). Principle aPL are the adnticariolipin antibodies (aCL), anti-beta2glycoprotein I (anti β_2 -GPI) and lupus anticoagulants (LA) (1). The antigen targets of the aPL are complexes costituted by phospholipids and plasma proteins such as prothrombin, anexin V and above all beta2-glycoprotein I (β_2 -GPI) (2, 3). Beta2-glycoprotein I is composed of a single proteic chain of 50 kDa subdivided into five domains, they are found in plasma in concentrations of approximately 4 µM and inhibit platelet aggregation and relase of inflammatory mediators (4, 5). The pathogenetic significant of the anti- β_{α} GPI ($\alpha\beta_{\alpha}$ GPI) antibodies is still not clear. It is thought that they are capable of activating platelets (6-10) which release a series of inflammatory mediators such as P-selectin (P-sel). This mediates bonding of leukocytes to endothelial cells and activated platelets (11, 12) the matrix metalloproteinase type 2 (MMP2) (13, 14) and the CD40 ligand (CD40L) (15). Accelerated atherosclerosis has been described

Reumatismo, 2012; 64 (1): 35-39

Corresponding author: Dott.ssa Agnese Bontadi Cattedra e U.O.C. di Reumatologia Dipartimento di Medicina Clinica e Sperimentale Via Giustiniani 2 - 35128 Padova, Italy E-mail: agnese.bontadi@unipd.it in patients with APS; therefore, the effect of the $a\beta_2$ GPI antibodies on platelets could play a role in accelerating the atherogenesis. In fact, it has been reported (16) that activated platelets could trigger inflammation of the vascular endothelium with subsequent artherosclerotic lesions and/or atherothrombosis.

aPL seem to exercise a thrombophilic action which also involves the endothelial cells. In fact, *in vitro* and *in vivo* studies (17, 18) have shown that they activate the endothelium and promote the expression of adhesion molecules.

Traditional antithrombotic treatment is not always sufficient to deal with the most serious complications of patients with APS, whether they be of a vascular or obstetric nature. In particular, the biggest problems from a therapeutic point of view are to be found in the management of patients with catastrophic APS. This is a clinical syndrome characterized by multiple thrombotic involvement, and mainly thrombosis of the microcirculation. Mortality rates are 50% in spite of administration of adjunctive therapies to anticoagulatnt treatment, such as plasmapheresis, immunosuppressive drugs and bolus of intravenous immunoglobulin. In this study, we evaluated the effect of aß, GPI antibodies on activation of platelets by measuring platelet P-selectin expression in order to examine the mechanisms by which $a\beta_2$ GPI antibodies are involved in the thrombotic complications which characterize APS.

MATERIALS AND METHODS

Purification of β *,-GPI antigen*

 β_2 -GPI was purified by human group A-RH+ plasma. Plasmatic protein precipitation was performed using perchloric acid (HClO₄) at 65%. After buffering to pH 8.0 with a saturated sodium carbonate solution (Na₂CO₃) and dialysis with a sodium chloride buffer (NaCl) 0.03 M, a first ionic exchange chromatograph was performed using a Gradi-Frac (GE Healthcare Bio-Sciences AB, Uppsala, Sweden), making use of the bonding of β_2 -GPI to heparin. The protein was eluted with NaCl 0.35 M and underwent dialysis against NaCl 0.15 M. A second chromatograph was performed with a washing solution of NaCl 0.15 M and an elution solution of NaCl 0.35 M. The resultant sample underwent dialysis against an acetate buffer 0.05 M to pH 4.8, and was passed through a carboxymethylcellulose (CM-cellulose) column. After an hour of incubation, fractions with highest optical density at 280 nm were collected against Tris buffer at pH 7.4. Quality of antigen was evaluated on a polyacrylamide electrophoresis gel in the presence of sodium dodecyl sulfate (SDS-PAGE). Specificity of the antigen bond with $a\beta_{a}$ GPI antibodies was evaluated with a home-made ELISA assay following the indications of the European Forum on Antiphospholipid Antibodies (19). We tested 50 sera from patients positive for $a\beta_2$ GPI antibodies and 50 sera from patients negative for $a\beta_{a}$ GPI antibodies. The cut-off value had been determined previously using sera of 100 healthy subjects and calculating the 95th percentile as cut off for the low levels (1.62 U) and 99th percentiile as cut off for medium-high levels (2.65 U).

Estraction of a β *,GPI antibodies*

 $a\beta_{a}GPI$ antibodies were extracted from the plasma of a 35-year old patient with APS in quiescent phase of the disease and from plasma of the same patient in catastrophic phase of the disease. APS was diagnosed in primary form in this patient at the age of 21 years on the basis of relapsed venous thrombosis involving the lower limbs in association with blood tests confirming aß, GPI and high IgG aCL antibodies (1085 U and 1147 GPL, respectively) and positivity for lupus anticoagulant. The catastrophic phase of the disease developed at the moment of giving birth and was characterized by thrombosis of the microcirculation at the extremities of the upper and lower limbs, and of signs of hepatic and renal failure. The patient presented hyperpyrexia, piastrinopenia and signs of coagulation activation such as antithrombin III consumption. On presentation of the catastrophic phase the antiphospholipidic patterns was still made up of triple positivity and $a\beta_2$ GPI and aCL antibody levels which, although still high, were lower than those seen in the quiescent phase (139 U and 221 GPL, respectively) due to the removal of the aPL from the circulation by the apheretic treatment given during pregnancy. The plasma was passed through an affinity column coated with β_2 -GPI antibodies (Hi-Trap NHS-activated, GE Healthcare). After an hour of incubation, the $a\beta_2$ GPI antibodies were eluted with a glycine buffer at pH 2.8 and, finally, the eluate containing the $a\beta_{2}GPI$ antibodies was buffered with a Tris 1 M solution at pH 8. Antigen specificity of the purified antibodies was confirmed by a home-made ELISA assay. The efficacy of the bonding of the purified antibodies with the β_2 GPI was evaluated using 8 different antibody concentrations and it was seen that the best bonding was obtained with a concentration of between 5 and 50 µg/mL.

Study of platelet P-selectin expression by flow cytometry

To study platelet P-selectin expression, platelets from a healthy donor were used as follows: gel filtered (100x10⁹/L), $a\beta_2$ GPI antibodies at different concentrations (5, 25 and 50 μ g/mL) and, since a significant activation was not obtained in the presence of the only native antigen which adhered to the platelet membrane, it was decided to add 20 μ g/mL of β_2 -GPI antigen. Samples were incubated for 30 min at 37°C. Then, 5 µL of sample, 5 µL of direct antibody against platelet-specific antigen (anti-CD41) marked with phycoerythrin (PE) and 5 µL of anti-P-selectin antibody marked with isothiocyanate of fluorescein (FITC) were placed in test tubes containing phosphate buffer saline (PBS). After 30 min of incubation in the dark at room temperature, the samples were fixed by the addition of 1% paraphormaldeide (PFA) 1% and analyzed with a Coulter EPICS-XL flow cytometer (Beckman, GMI Inc., USA) with a 488 nm argon laser. The resultant fluorescence from the two fluorochromes were read by a 575 and 525 nm filter laser band pass. Platelets were identifed on the basis of morphological characteristics and positivity for CD41. Platelet P-selectin

expression was expressed as percentage of positive platelets. We also evaluated whether a β_2 GPI antibodies were able to potentiate platelet activation induced by a weak stimulus. Preliminary experiments were performed in order to identify the concentrations of the thrombin receptor activator for peptide 6 (TRAP-6), an activator of the receptor activated by protease 1 (PAR1). The results showed that at a concentration of 3 µM, TRAP-6 induced P-selectin expression of between 30 and 50% of the maximum value. This concentration was, therefore, used to stimulate the platelets. All experiments were repeated three times, always using double testing procedures.

RESULTS

Results obtained are shown in Figures 1 and 2 with mean and standard deviation of percentages of platelets positive for Pselectin. The figures show different values because of the different platelet reactivity of the donors. In fact, the donor platelets used for the experiments with the $a\beta_{a}GPI$ antibodies from the patient in catastrophic phase of the disease were less reactive. However, this difference did not influence the results or conclusions of the study because all samples were tested on platelets from the same donor. Results showed that $a\beta_2$ GPI antibodies alone have no effect on platelet P-selectin expression. In fact, the percentage of platelets positive to P-selectin did not show any variation in the presence of $a\beta_{a}$ GPI antibodies at three different concentrations (5, 25, 50 μ g/mL).

In contrast, as shown in Figure 1, in subthreshold levels of the TRAP-6 agonist (3 μ M), a β_2 GPI antibodies isolated from the plasma in the quiescent phase of the disease induced a 15% increase in platelet P-selectin expression with respect to the sample incubated in the presence of a single vehicle (Tris/BSA 1%) when used at a concentration of 25 μ g/mL (Figure 1). Experiments were also performed which showed that control antibodies (normal human immunoglobulin) had no effect on platelet P-selectin expression induced by

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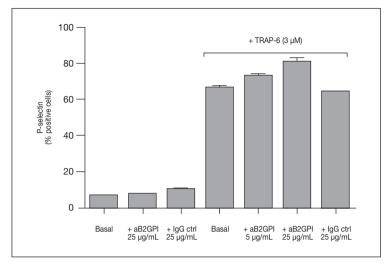


Figure 1 - Effect of anti-beta2glycoprotein I antibodies (anti β 2-GPI), isolated from plasma from a patient with APS in quiescent phase of the disease, on platelet activation, expressed as percentage of platelets postive for P-selectin (P-sel). a β 2GPI antibodies alone had no effect on platelet P-selectin expression. In fact, the percentage of platelets positive for P-selectin showed no variation in the presence of a β 2GPI. After addition of thrombin receptor activator (TRAP-6), a β 2GPI antibodies induced a 15% increase in platelet P-selectin expression with respect to the sample incubated in the presence of a single vehicle (Basal) and of the sample with control antibodies (lgG ctrl).

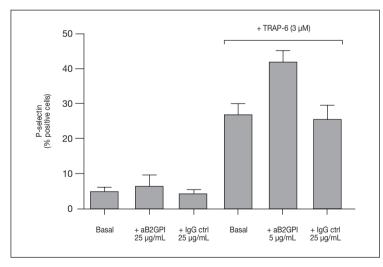


Figure 2 - Effects of anti-beta2glycoprotein I antibodies (anti β 2-GPI), isolated from plasma of a patient with APS in catastrophic phase, on platelet activation expressed as percentage of platelets positive for P-selectin (P-sel). a β 2GPI alone had no effect on platelet P-selectin expression. In fact, there was no variation in the percentage of platelets positive for P-selectin in the presence of a β 2GPI. After the addition of thrombin receptor activator (TRAP-6), a β 2GPI antibodies induced a 47.7% increase in platelet P-selectin expression with respect to the sample incubated in the presence of single vehicle (Basal) and the sample with control antibodies (IgG ctrl).

TRAP-6 at any of the concentrations tested (Figure 1). The same experiments were repeated incubating the platelets with $a\beta_2$ GPI antibodies isolated from the plasma during the catastrophic phase of APS (Figure 2). The results showed that also these antibodies alone had no effect on platelet activation. On the other hand, always in the presence of subthreshold doses of TRAP-6, already at a concentration of 5 µg/mL, platelet P-selectin expression increased by 47.7% (Figure 2). Antibodies purified during the catastrophic phase of the disease, therefore, strengthened platelet activation at lower concentrations than those found in purified antibodies from subjects with APS in the quiescent phase of the disease.

DISCUSSION

Our results show that the trigger for platelet activation requires the addition of the TRAP-6 antagonist and that only after this were $a\beta_{\alpha}$ GPI antibodies strengthened. These results afree with the "two hit theory" for triggering thrombotic events in APS, according to which only in the presence of triggers (infections, stress, drugs, etc.) can the aPL activate thrombosis (20-22). It is interesting to observe that in order for $a\beta_{a}GPI$ antibodies to activate platelets it is necessary to add extracted β_{a} GPI antigen to the native antigen adherent to the platelets. This could support the hypothesis of some authors (6, 7) who report that platelet activation is induced by the union of $a\beta_{a}$ GPI antibodies to the antigen in dimeric form which would then bond to the receptors of the Iba glycoprotein platelet membrane and apolipoprotein E receptor 2' modifying hemostatis in favor of thrombosis.

We have also observed the the $a\beta_2$ GPI antibodies present in the catastrophic phase of APS with respect to the quiescent phase seem to lead to greater platelet activation, even when used at lower concentrations. This is of great clinical interest because it could explain the serious thrombophilia associated with the catastrophic phase of APS. The data emerging from this study agree with the pathogenetic hypothesis that attributes an active role to aPL in the pathogenesis of thrombosis through platelet activation (9, 10). However, this needs further verification on larger cohorts of subjects both in acute phase and in quiscent phase of APS. Finally, in order to confirm this hypothesis, it could be useful to also evaluate other markers of platelet activation, such as expression of MMP2 and CD40L, and the production of platelet-derived microparticles.

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